

PEPTIDE RECONSTITUTION

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1. **Let vials warm up**

Take both the peptide vial and the bacteriostatic water out of the fridge. Let them sit at room temperature for 30 minutes.

2. **Clean the tops**

Wipe the tops of both vials with alcohol pads.

3. **Draw and inject air**

Use a sterile syringe with a large needle. Pull 1mL of air into the syringe and inject it into the water vial. This helps avoid pressure build-up.

4. **Draw the water**

Withdraw desired amount of bacteriostatic water. (Usually 1mL depending on dilution needed. Make sure to calculate the amount of Bacteriostatic water needed before this step).

5. **Inject the water into the peptide vial**

Slowly inject the water against the inside wall of the peptide vial. This helps prevent bubbles and foaming.

6. **Let it mix naturally**

Let the peptide dissolve on its own or gently swirl it. Do not shake or tap the vial.

7. **Store in the fridge**

Keep the reconstituted peptide in the fridge. Not required for Bacteriostatic water.

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